



Psychotherapists

Psychodynamic Therapy

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Psychotherapists

Psychodynamic Psychotherapy

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Heinfried Lotz , Regina Lotz Markt 35 / 37 57072 Siegen	 +49(271)2382905  English, French  http://www.praxis-heinfried-lotz.de

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Psychotherapists

Cognitive behavioural therapy

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Psychotherapists

Cognitive behavioural therapy

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How to find a Psychotherapist?

1. You can call any of the therapists listed above. Most probably there will be certain telephone hours which an automated announcement will tell you. Then you can call again during these telephone hours and make an appointment for a consultation.
2. If the therapist has capacities, you can go to probabilistic sessions to do diagnostics and for you to decide if you can work with the therapist. After that you can start therapy.
3. It might be necessary to call more than one therapist because of limited capacities. If you need help, you can contact us.

